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## EDUCATION

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### Montclair State University

September 2013 — May 2017

B.A. in Economics (*Magna Cum Laude*)

Certificate in Entrepreneurship (2014)

Honors and Accomplishments:

- Class Speaker 2017
- Montclair's Intramural women's soccer team (2013-2014)
- Feliciano Center of Entrepreneurship student mentor (2015)
- Best Project in ENTR 302 – ReminU: an IoT product to improve the delivery of personal reminders (2015)
- The Montclarion Alumni Spotlight — “*From the Classroom to Center Stage*” (2018)
- Curriculum creator and professor of “*Emotional Intelligence for Leadership*” at the Feliciano Center of Entrepreneurship (2018)

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## DISTINCTIONS & AWARDS

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- Cover Feature of Exeleon Business Magazine Top 10 CEOs to Follow (2024).
- Awarded 2nd place at the Columbia University Data Science Institute COVID-19 Data Challenge – resulted in Nature publication (2021).
- SUCCESS Magazine Top 25 list with Oprah, Tom Brady, and Brené Brown (2018).
- TEDx speaker – “Acting More Rational & Changing Automatic Behavior” (2017).
- Awarded the Youth Mentorship Forum Award in Emotional Intelligence (2017).

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## PROFESSIONAL WORK

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### Integrate BPD

Advisor

January 2026 – Present

- Provide strategic, operational, and product advisory support following acquisition, including guidance on program development and the continued evolution of Reality Integration Therapy™ (RIT). Support transition of intellectual property, training systems, and delivery infrastructure during post-acquisition integration.

### Integrate BPD (Acquired)

Founder and Chief Executive Officer

November 2022 – January 2026

- Developed *Integrate BPD*, a psycho-educational program helping people with borderline personality disorder (BPD) integrate their personality fragments and develop whole object relations.
- 1,000+ individuals diagnosed with BPD and/or tendencies of BPD enrolled.
- Wrote up 20+ case studies on individuals who were diagnosed with BPD, measuring the impact of *Integrate BPD* on their symptoms and object relations (*self-reporting surveys*).
- Feasibility and pilot study on *Integrate BPD* efficacy (IRB approved – *ongoing research*).
- Founded *Integrate BPD Productions*, featuring Dr. Eric Fertuck as our first guest.
- Assembled a clinical advisory and research team for clinical oversight and integrity.
- Developing **Reality Integration Therapy™** (RIT) – a therapy for BPD using the methods in *Integrate BPD* aimed at directly targeting and treating the fragmented object relations.
- Developed a training manual for *RIT* for psychotherapists and clinicians.
- Visiting lecturer to the Psychiatric Fellows at Columbia University Irving Medical Center (CUIMC) to discuss how to repair childhood object relations fragments in adulthood.

### Daldot (Acquired by Nutromics <https://www.nutromics.com>)

Co-founder and Chief Executive Officer

November 2018 – August 2021

*Daldot is a company developing wearables that measures biomarkers in interstitial fluid in real-time, preventing diseases that progress due to a lack of timely and accessible data.*

- Led the planning, pitching and close of our pre-seed round aimed at funding the execution of our preliminary research & development (\$50,000).
- Wrote a successful IRB application and then designed and executed the preliminary study, which involved successfully extracting 150 samples of interstitial fluid (ISF) from human participants.
- Ran samples using mass spectrometry at the Analytical Facility for Bioactive Molecules (Hospital for Sick Children) to collect data and better understand the metabolite composition of ISF.
- Performed exploratory data analysis and visualization to gain insight into the effects of fasting and macronutrient/micronutrient consumption on the composition of ISF.
- Assembled a strong SAB and R&D team, including Columbia University, UCLA Health and John Hopkins professors and physicians, to help develop the electrochemical aptamer-based (E-AB) sensor.
- Accepted and participated into the **Columbia University's BioMedx Accelerator** (2021) to strengthen commercialization plan and efforts.
- Developed prototype testing protocol aimed at testing the electrochemical aptamer-based (E-AB) sensor to continuously measure relevant metabolites in ISF for septic patients.
- Led the negotiations for a successful exit via acquisition by *Nutromics* (2021).

### **Bloomberg LP**

*Fixed Income Derivatives Analytics Representative*

July 2017 – December 2018

- Created and deployed a sales strategy to sell the Bloomberg terminal to public relations firms, which brought in \$1.25M in new annual revenue within 6 months.
- Became the global Bloomberg advocate for new mobile features of the terminal app after converting the most new users onto the platform's new function globally.

### **Bloomberg LP**

*Analytics Intern*

Summer 2016

- Pitched a new vertical of potential new revenue, public relations (PR) firms, to sales management.
- Received full time offer.

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## **RESEARCH AND PUBLICATIONS**

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### **Columbia University Irving Medical Center, General Medicine Department**

*Research Assistant*

June 2020 – March 2021

PI: Dr. Chin Hur

- Conducted a study to measure the impact of socioeconomic factors on social distancing on a county-level – developed a prediction model that uses these factors to estimate social distancing adherence (from the Columbia University DSI COVID-19 Competition).
- Authored manuscript published in *Nature HSSC* — Ingram, M., Zahabian A., and Hur C. [Prediction of Social Distancing Adherence \(SoDA\) on the US County-Level](#). *Humanit Soc Sci Commun* 8, 87 (2021).

### **Columbia University, Social Cognitive & Affective Neuroscience (SCAN) Lab**

*Research Assistant*

August 2018 – May 2022

PI: Dr. Kevin Ochsner

- Conducted research on motivated search by developing a simulated search engine and studied cognitive biases and motivations regarding search on highly biased topics.

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## **TECHNICAL SKILLS**

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**Programming Languages:** R, Python, Java Script, HTML

**Technologies:** GitHub, LaTeX, Microsoft Office, Wix, WordPress

**Operating Systems:** macOS, Windows 7/8/10

## RECREATIONAL RESEARCH PROJECTS

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### Suisano

October 2022 — February 2023

#### *Researcher and Data Analyst*

- Designed and executed a preliminary study to test the ability of the Raman Spectroscopy (non-destructive chemical analysis technology) to analyze and measure the composition of a single drop of blood using machine learning.
- Developed a PoC AI model for predicting the blood glucose levels of an individual using a drop of blood (fingerpick method) with an accuracy of 90% using the Renishaw inVia Raman Spectroscopy (Columbia University Nano Initiative).

### Harvard University

#### *Course Developer and Co-Instructor*

January 2018 – July 2018

Advisor: Dr. Leah Somerville

- Received sponsorship from Harvard University to design and teach an online course on emotional intelligence for founders and executives.
- Partnered with the Derek Bok Center at Harvard University to produce curriculum and materials.
- Enrolled 1,000+ engineers, founders, and/or executives.

## INVITED TALKS

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King's Hawaiian	2022
Annual Healthcare Revolution Conference	2022
Wakefern	2020
Cornell University	2019
Comcast	2018
Adriano Goldschmied (AG)	2018
Founder Institute	2018
TEDx	2017

## PERSONAL INTERESTS

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Freestyle and solo ice dance, figure skating, cultural cooking and baking, reading financial materials, managing personal investment portfolio, hiking, traveling, and ice cream.